

SWIMMER BADGE

*(Corresponding badge for over 15 ~ Master Swimmer)
(Part of this is a requirement for the Master Swimmer badge)*

1. Swim 50 metres with clothes on (shirt, shorts, socks as a minimum) and undress in the water with feet off the bottom.
2. Swim 30 metres on breast, and 30 metres on back (either with hands clasped or arms folded in front of body) and then a further 30 metres any style, making 90 metres in all.
3. Dive from surface of water and recover, with both hands, an object from the bottom. Water not to be more than six feet deep.
4. Execute a neat dive from the side of the pool.